

March 2023



MEDGAR EVERS PRIMARY ACADEMIC CENTER
COTTAGE GROVE UPPER GRADE CENTER
LUNCH MENU

Monday

Did you know?

March babies are spoiled with two birthstones: aquamarine, and bloodstone which symbolize courage.

CASIMIR

PULASKI

NO SCHOOL

BEEF TACO ON SOFT SHELL, FRIES LETTUCE, TOMATOES SOUR CREAM, APPLE CHEESE, KETCHUP
1% WHITE OR CHOC MILK

HAM & CHEESE ON CROSSIANT, FRIES MIXED VEGGIE FRUIT CUP, MAYO MUSTARD, KETCHUP
1% WHITE OR CHOC MILK

PIZZA PUFF OVEN FRIES MIXED SALAD FRESH FRUIT
1% WHITE OR CHOC MILK

Tuesday

CORN DOG OVEN FRIES, KETCHUP ROMAINE SALAD MUSTARD, FRUIT CUP
1% WHITE OR CHOC MILK

CHEESE CUP DORITO CHIPS CORN ON THE COB CARROTS W/ DIP FRUIT CUP
1% WHITE OR CHOC MILK

CHICKEN FAJITA ON SOFT SHELL, SALSA POTATO CAKE, FRUIT CUP, KETCHUP ROMAINE MIXED SALAD, 1% WHITE OR CHOC MILK

BEEF TACO ON SOFT SHELL, CHEESE LETTUCE, TOMATOES SOUR CREAM, CORN CANNED FRUIT
1% WHITE OR CHOC MILK

Wednesday

DICED CHICKEN GRAVY W/ PEPPERS RICE, DINNER ROLL PEAS & CARROTS FRUIT CUP
1% WHITE OR CHOC MILK

SLICED HAM GREEN BEANS POTATO SALAD DINNER ROLL PINEAPPLE BITS
1% WHITE OR CHOC MILK

BAKED CHICKEN LEGS MASH POTATOES GRAVY & ROLL PEAS & CARROTS FRESH PEAR
1% WHITE OR CHOC MILK

PULL PORK, SAUCE BUN, POTATO SALAD, CELERY W/ DIP FRESH ORANGE
1% WHITE OR CHOC MILK

CORN DOG POTATO CAKE CANNED VEGETABLES FRUIT CUP, MUSTARD KETCHUP, 1% WHITE OR CHOC MILK

Thursday

BURRITO SALSA CUP, KETCHUP OVEN FRIES CANNED VEGETABLES FRUIT CUP
1% WHITE OR CHOC MILK

CHICKEN FAJITA CHEESE, SOFT SHELL CANNED CORN CARROTS W/ DIP SALSA CUP, APPLE
1% WHITE OR CHOC MILK

HAM & CHEESE ON WHEAT BREAD ITAL VEGGIE BLEND CHIPS, GRANOLA BAR MAYO, MUSTARD PEAR, 1% WHITE OR CHOC MILK

BURRITO/ SALSA CANNED CORN VEGGIE BLEND FRUIT CUP
1% WHITE OR CHOC MILK

CHICKEN SALAD CROSSIANT LETTUCE, TOMATOES GRAIN BAR, CHIPS GRAPES, 1% WHITE OR CHOC MILK

Friday

TOASTED CHEESE SANDWICH CREAM OF CHICKEN SOUP, FRESH PEAR CELERY W/ DIP
1% WHITE OR CHOC MILK

PIZZA PUFF CARROTS W/ DIP RICE KRISPIE BAR FRESH ORANGE
1% WHITE OR CHOC MILK

BEEF STEW W/ VEGETABLES SPINACH SALAD CORN BREAD COOKIE, SHERBET
1% WHITE OR CHOC MILK

FISH STICKS COLE SLAW OVEN FRIES MIXED GRAPES KETCHUP, TARTAR SAUCE, 1% WHITE OR CHOC WHITE

PARENT TEACHER CONFERENCE

12:00 P.M.
TILL 6.00 P.M.

hello
SPRING

MENU SUBJECT TO CHANGE